## Summer Menu
### Term 1 2013

**Lunch**
- **Sandwich** $3.60
- **Roll** $4.10
- **Wrap** $6.00
- **Mini wrap (GF)** $3.50

Choice of: Hi-fibre white, wholemeal or multigrain

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### Please CIRCLE choice of fillings for above:
- Chicken, ham, tuna, cheese, egg, (plain or curried), lettuce, onion, capsicum, cucumber, tomato, carrot, beetroot, or salad.

### Extras
- **Toasted** 50 cents
- **Avocado** 50 cents
- **Gherkin** 50 cents
- **Sundried Tomatoes** 50 cents
- **Crisp Garden Salad** With dressing $5.00
  - Add chicken, ham or tuna.
- **Extra Dressing** Mayo, Italian, Balsamic $0.40
- **Fruit Bowl** $3.00
- **Sushi** Chicken $4.50
- **Hawaiian Pizza** $3.00

**Lunch Specials**
- **MONDAY**
  - Hokkein Noodle Salad $5.00
  - Garden & Noodle Combo $5.00
- **TUESDAY**
  - Greek Salad with dressing $5.00
- **WEDNESDAY**
  - Pie $3.00
  - Sausage Roll $3.00
  - Spinach & Ricotta Roll $3.00
  - Sauce 40c
- **THURSDAY**
  - Cous Cous Salad $5.00
  - Garden & Cous Cous Combo $5.00
- **FRIDAY**
  - Sweet Chilli Chicken & Salad Sub $4.50

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### Breakfast
- **Berry Crunch Cup** $1.50
- **Toast** 50c

**Assorted hot recess food from** $1.80

### Snacks
- **Fruit** $.60
- **Cookies** $1.30
- **Sesame Snaps** $1.30
- **Vegemite Roll** $2.00
- **Popcorn (Plain)** $1.30
- **Grain Waves** $1.30
- **Ajita BBQ Chips** $1.30
- **Soothers or Butter Menthol** $1.60
- **Cheese and Biscuits** $2.00
- **Muffins** $2.00

### Ice Creams
- **Zing Icy Pole** 80c
- **Mini Callipo** 80c
- **Paddle Pop** 1.50
- **Strawberry Frozen Yoghurt** 1.80
- **Cyclone** 2.00
- **Gelato** 2.80

**Open 8.00am to 2.00pm**

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**Milk Drinks**
- Small Plain Milk $1.10
- Small Banana Milk $2.20
- Small Choc Milk $2.20
- Small Mocha Milk $2.20
- Small Strawberry Milk $2.20
- Large Banana Milk $3.20
- Large Choc Milk $3.20
- Large Mocha Milk $3.20
- Large Strawberry Milk $3.20

**Juices**
- Small Apple $2.20
- Small Orange $2.20
- Small Apple, banana, mango $2.20
- Large Apple $3.20
- Large Orange $3.20

**Variety Drinks**
- Water $1.80
- LOL $2.00
- Apple & Raspberry Fruitwater $3.00
- Peach Iced Tea $3.00
- Raspberry Iced Tea $3.00

**Breakfast Drinks**
- Chocolate Up & Go $1.70
- Vanilla Up & Go $1.70

**Desserts**
- Fresh Fruit 60c
- 200g Yogo Chocolate $2.00

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*There will be charge of 10 cents for ALL cutlery, not supplied with yoghurt, jelly, salad or ice-cream*

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**Canteen Manager:** Kathy Smith  
**Canteen Manager:** Phone 9323 1377  
**E-mail:** canteen@mercedes.wa.edu.au  
**Open 8.00am to 2.00pm**

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**GLUTEN FREE items are highlighted**